

Lakewood session 2 2003- Loreto & Laura, Marty & Valerie, Tom & Laura
Lindy 2

Class 1

Swing out to two hand connection to a lead forward 1 2 basket whip 3 & 4 step back on 5
prep 6 double turn 7 & 8 for ladies

Class 2

Kick ball changes footwork option
Texas tommy free spin
Texas tommy hand change behind the back on 5
She unrolls into a rock pull into a she goes catch on 3 & 4
Regular swing out ending

We also did the move as just a hand change from facing each other with out the Texas
Tommy part.

Class 3

Review previous week and add an over rotate at the end of the swing out (whip)
Guys LOOK where you are sending her
Elbow wrap/nose breaker to a slide apart at the end of the whip
We catch under each others shoulders

Class 4

Charleston
Basic
Cross hand j wrap to in line
Ladies full turn
Push outs hand on back at 1,2 – push on 3
Squeeze her wrists to sides on 3 and turn her on double R kick, ccw
Guys must hop around a bit, she pivots
“Goal” ending with tucks exit
(leaders fudge footwork)

Class 5

Review Charleston
Elbow hook with a turn at end because guys lean in on 6 with left shoulder